

Welcome to the Prostate Cancer Supportive Care (PCSC) Program in British Columbia. The PCSC Program is a comprehensive survivorship program developed at the Vancouver Prostate Centre for prostate cancer patients, their partners, and family from the time of initial diagnosis onwards. The PCSC Program is composed of seven modules:

1. Introduction to Prostate Cancer & Primary Treatment Options
2. Managing the Impact of Prostate Cancer Treatments on Sexual Function
3. Lifestyle Management: Exercise & Nutrition
4. Recognition & Management of Treatment Related Side Effects of Androgen Deprivation Therapy
5. Pelvic Floor Physiotherapy for Bladder Concerns
6. Counselling Services
7. Advanced Disease Management

For more information on the PCSC Program and services that you can access, please visit www.pcscprogram.ca

Our Sexual Rehabilitation Clinic within PCSC, is comprised of sexual health nurse clinicians as well as a subspecialized urologic surgeon. Our goal is to help manage your sexual side effects and symptoms related to your cancer diagnosis and treatment. These symptoms may include:

- Erectile dysfunction
- Changes to orgasm
- Challenges with sexual intimacy
- Leakage of urine during sexual activity
- Changes to sexual identify and masculinity

Our management is centered around education and resources. Medical and device therapies may also be required to help you rehabilitate and adapt following your treatment. A monthly educational session is available to all patients upon enrollment in our program. Our program provides 3 different options for your clinical experience:

1. **Classic in-person clinic.** Here, you will see a sexual health clinician every 6 months with up to 3 additional supportive care visits for your personalized care.
2. **Online clinic (TrueNTH SHAReClinic).** Here, you will have access to an online developed clinic platform personalized for you. Educational information and video tutorials will walk you through your sexual health management. A sexual health clinician will be available online and via telephone to provide personalized care at similar time points as the in-person clinic. For more information, please check sharec.truenth.ca.
3. **Hybrid online and in-person clinic.** Here, you will have access to all of the online educational material, but you will maintain your in-person sexual health clinician visits.

Prior to each clinic visit, you will be required to answer specific questionnaires to help our clinicians provide a personalized management plan for you. If you have any questions pertaining to scheduling, please contact Jenna Bentley at (604) 875-4485 or via email at jbentley@prostatecentre.com.



Prostate Cancer Supportive Care (PCSC) Program Sexual Rehabilitation Clinic

The referral to the Sexual Rehabilitation Clinic is under the direction and supervision of Dr. Ryan Flannigan (MSP #60412)

Date of Referral:	
Patient Name:	
Date of Birth (MM-DD-YYYY):	PHN#:
Address:	
Telephone: (h)	(w/c)
Email :	
Partnered : <input type="checkbox"/> Yes <input type="checkbox"/> No (M/F/Unknown)	
Referring Doctor :	MSP# :
Family Doctor :	
Urologist :	Rad. Oncologist :

****Please fax the following documents listed below that will assist with the referral**
(incomplete referrals will not be processed)**

- Medical History (i.e. prostate cancer treatment, cardiovascular diseases, comorbidities)
- Pathology Report
- Surgical Operative Report and/or Treatment Reports
- Most recent blood work (including PSA)
- Consult letters

****Please select one of the sites below****

- | | | |
|--|-------------------------|-----------------------|
| <input type="checkbox"/> PCSC Program, Vancouver (VPC) | Phone: (604) 875 - 4485 | Fax: (604) 875 - 4637 |
| <input type="checkbox"/> PCSC Program, BC Cancer- Surrey | Phone: (604) 587 - 4315 | Fax: (604) 297 - 9917 |
| <input type="checkbox"/> PCSC Program, BC Cancer - Victoria | Phone: (250) 519 - 5659 | Fax: (250) 519 - 2042 |
| <input type="checkbox"/> PCSC Program, BC Cancer - Kelowna | Phone: (250) 212 - 4264 | Fax: (250) 712 - 3911 |
| <input type="checkbox"/> PCSC Program, BC Cancer - Prince George | Phone: (250) 645 - 7355 | Fax: (250) 645 - 7381 |