

Zoom Province-Wide Virtual Program

January 18-April 15, 2021

Mon/Wed 1:00-2:00pm

To register, contact

instructor Lisa Neukomm:

778-281-0694 or inspiredlifestyles@shaw.ca

Penticton

Penticton Community Centre

Feb 1-Mar 9 and Mar 29-May, 2021

Tue/Thur 2:30-3:30pm

Register:

250-490-2426 or www.penticton.ca

West Kelowna

West Kelowna Multi-Sport Centre

January 12-April 1, 2021

Tue/Thur 10:30-11:30am

Register:

778-797-8800 or recreation@westkelownacity.ca

City of Kelowna

Parkinson Recreation Centre

January 4-March 25, 2021

Mon/Thur 3:00-4:00pm

Register:

250-469-8800 or rec.kelowna.ca