

#347599 - The Evolution of the Education Module for Men with Metastatic Prostate Cancer in the Prostate Cancer Supportive Care Program

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BACKGROUND

The Prostate Cancer Supportive Care (PCSC) Program:

- Was initiated in 2013 at the Vancouver Prostate Centre to provide a comprehensive program for patients and partners with prostate cancer.
- Provides educational sessions (ES) and clinical services, including decision-making for primary therapy, sexual health, pelvic floor physiotherapy, hormone therapy, counseling, exercise, and nutrition for patients in BC, Canada.

2016-2017

In 2016, the PCSC Program expanded to BC Cancer Victoria and in 2017 to other BC Cancer sites.

2019

A Virtual Platform (VP) option was added to allow for virtual attendance.

Jun 2020

ES resumed only on VP, and the PCSC Oncology Nurse Practitioner (NP), NI, gave the presentations for MDs on leave.

2018

Medical oncologists (MDs) in Victoria (JR, SP) developed an Education Module addressing treatment options for men with metastatic hormone sensitive (mHSPC) and metastatic castration resistant (mCRPC) disease. MDs delivered in-person ES in Victoria.

Mar-May 2020

ES were on hold due to the COVID-19 pandemic and parental leaves.

Oct 2020

Due to a changing standard of care for mHSPC, the PCSC team consolidated the two ESs into one.

OBJECTIVE/METHODS

- We report on the evolution of this Education Module in response to both the changing standard of care and the COVID-19 pandemic.
- We prospectively collected attendance and patient characteristic metrics from all attendees at the ES for men with mPC.
- We tracked presenter type (MD vs. NP) and prospectively collected anonymous patient satisfaction questionnaires.

Main Findings:

- The group education sessions for men with mPC were **well-received**.
- Consolidation of the mHSPC and mCRPC ES into one session reflected the changing standard of care and resulted in **more efficient use of presenter time**.
- Patients regarded virtual delivery of the sessions as **beneficial** and it provided **greater access** to those living in remote areas of the province and those in lockdown during the COVID-19 pandemic.

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RESULTS

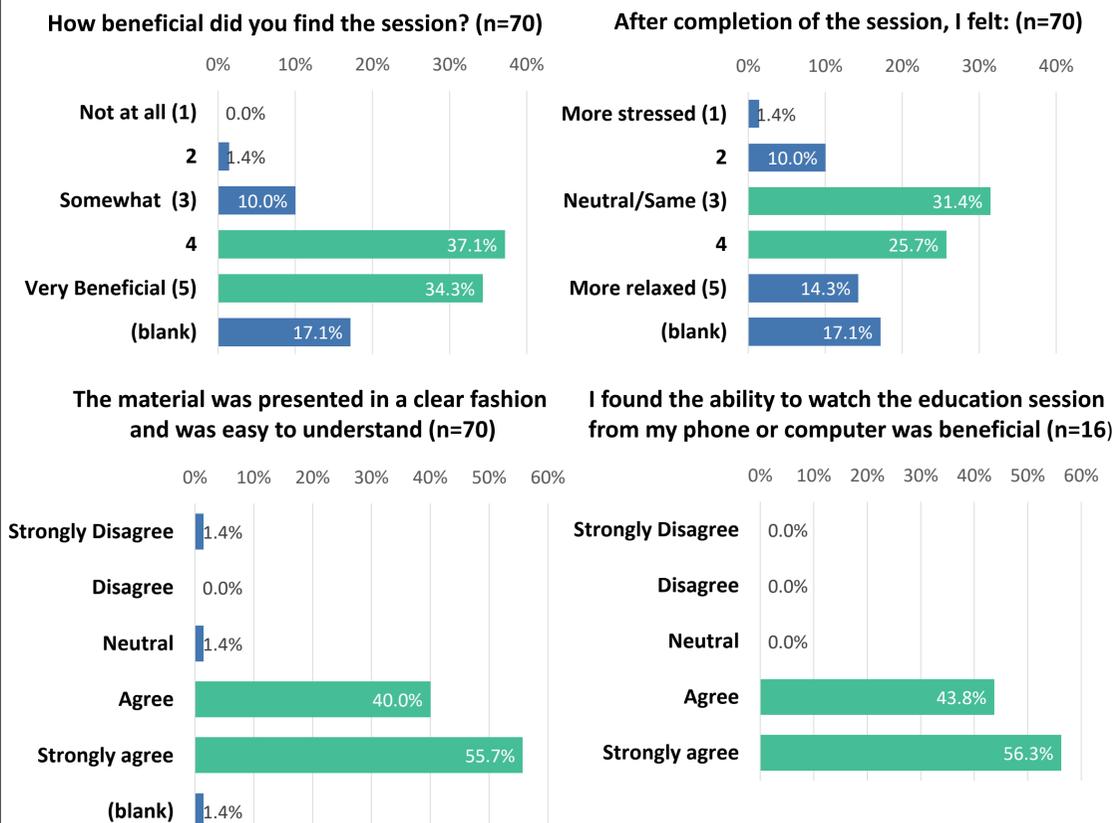
From Jan 2018 to Jan 2021, there were 27 education sessions:

- A total of 118 people attended these sessions: 75 men, 41 partners, and 2 family members
- 48/75 (64%) men were white, 39/75 (52%) retired, and 56/75 (75%) married

Patient Attendance at Education Sessions by Site and Year

Site	2018	2019	2020	Jan 2021
Victoria	12	14	20	1
Vancouver	not offered	2	8	1
Kelowna	not offered	8	1	1
Prince George	not offered	0	5	2

Answers to Satisfaction Questionnaire



CONCLUSIONS

- Changes in standard of care were addressed efficiently in our group education sessions.
- Virtual delivery of these sessions is now the norm.

