



Prostate Cancer  
Supportive Care

# The Evolution of Sexual Health and Rehabilitation Clinics for Prostate Cancer Survivors and their Partners in BC

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# DISCLOSURE

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Nothing to disclose.

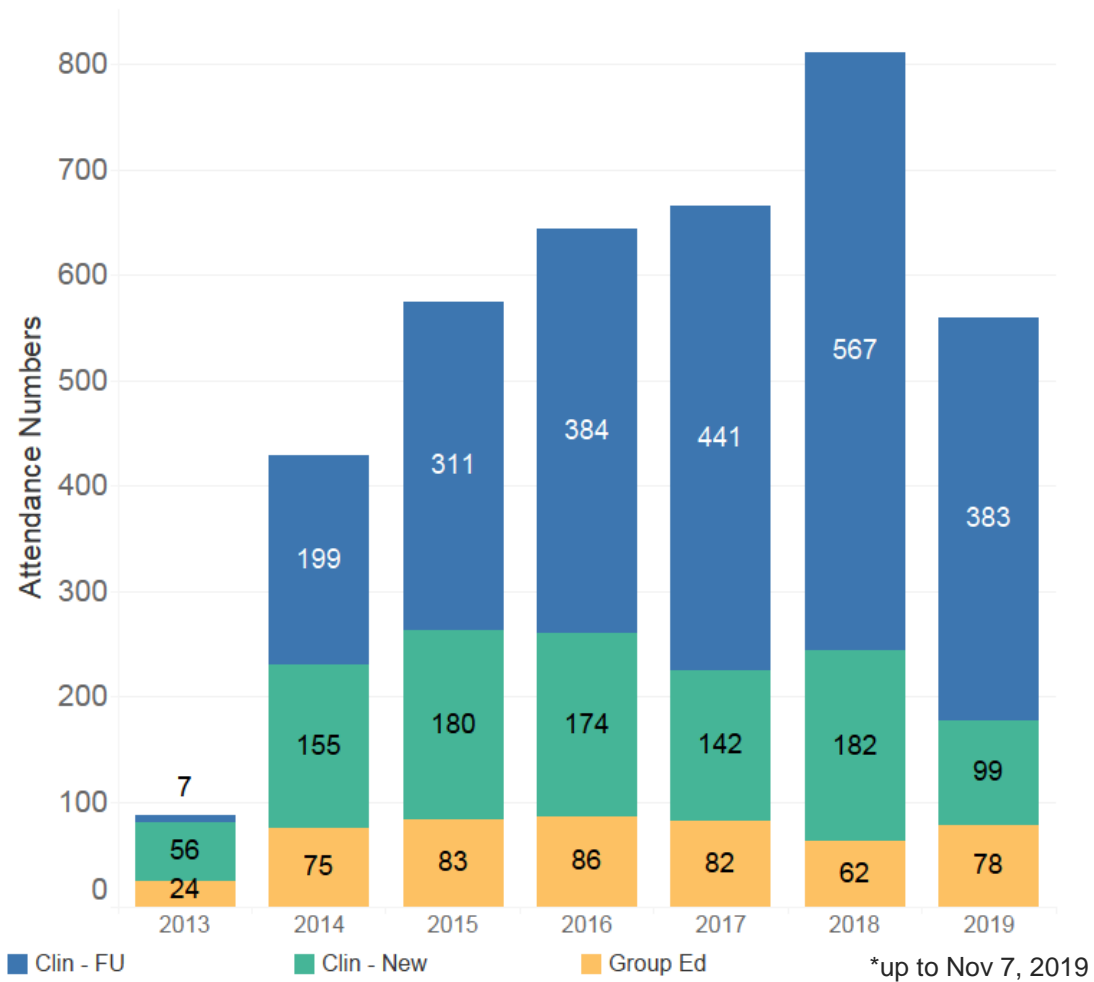
# PROSTATE CANCER SUPPORTIVE CARE PROGRAM

Module 1	Module 2	Module 3	Module 4	Module 5	Module 6	Module 7
<b>Introduction to Prostate Cancer &amp; Primary Treatment Options</b>  Urology & radiation oncology MDs	<b>Managing the Impact of Treatment on Sexual Function &amp; Intimacy</b>  Sexual Health Nurse	<b>Lifestyle Management</b> 3N Registered Dietician  3E Exercise Physiologist	<b>Recognition &amp; Management of Treatment-related side effects of ADT</b>  Sexual Health Nurse	<b>Pelvic Floor Physiotherapy for Bladder Concerns</b>  Physiotherapist	<b>Counselling Services</b>  Counsellor  Group Therapy Programs	<b>Advanced Disease Management</b>  Medical Oncologist Victoria

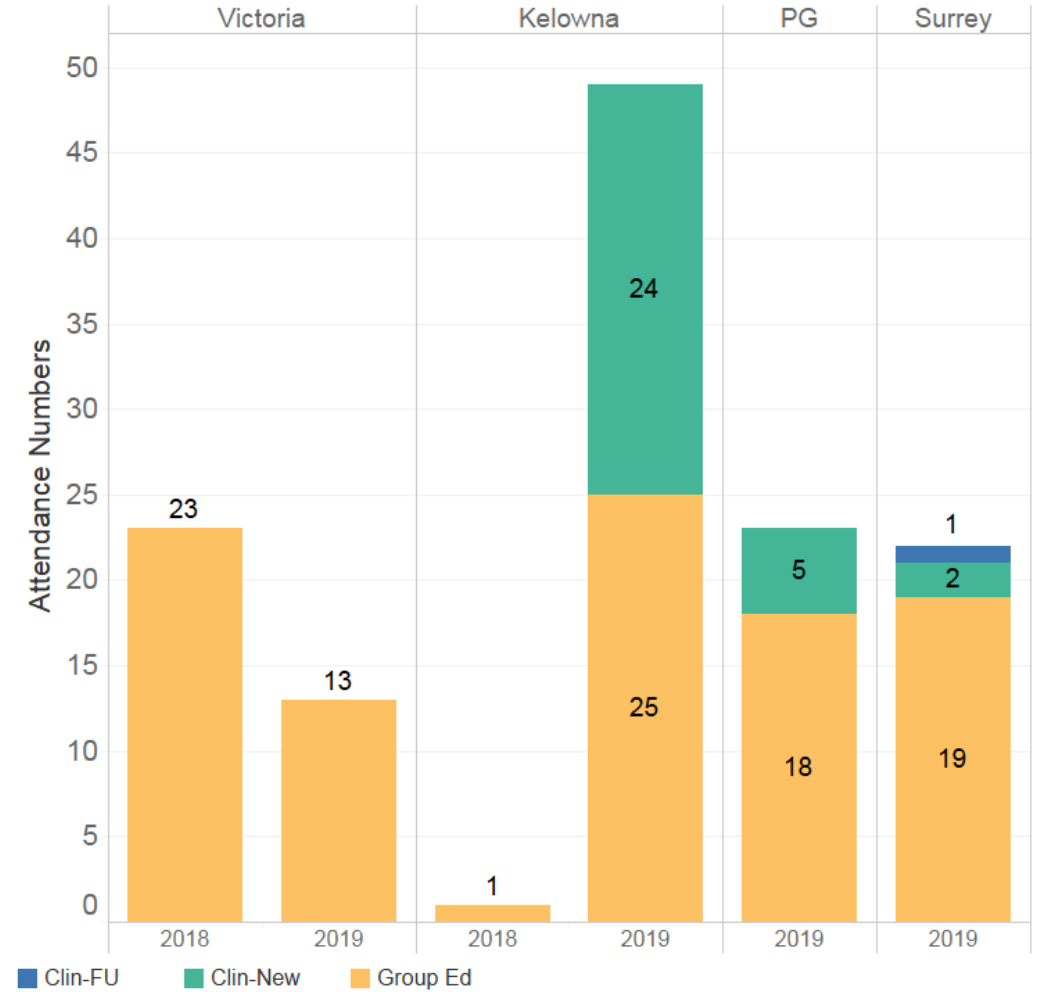
- In 2013, the PCSC Program was initiated at Vancouver Prostate Centre to address needs of PC patients and partners from diagnosis onward.
- Module 2 is the Sexual Health Rehabilitation module
- In 2017, Ministry of Health funded expansion of this program across British Columbia.

# SEXUAL REHABILITATION MODULE - ATTENDANCE

## Vancouver



## Provincial Sites



# SEXUAL REHABILITATION MODULE - EXPANSION

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## **Our Roadmap to build this expansion:**

- Identify locations for implementation
- Liaise with accepting sites for implementation
- Establish administrative & clinical workflow
- Bridge policy differences between health regions & Institutions regarding patient care
- Liaise with local PCa providers to access patients

# SEXUAL REHABILITATION MODULE - EXPANSION

Recruit BC Cancer RN

## Training

Sexual health theoretical education course focused on prostate cancer

In person practicum with lead PC sexual health RN and MD x 1 week x 2

Lead SH RN mentors colleague by phone, including clinic visits

Competency established

## BC Cancer sites

Kelowna

Surrey

Victoria

Prince George

New SH RN opens clinic at local site

## On-going support

Lead SH RN +/- MD available for questions

Weekly calls with lead SH RN +/- MD

Monthly journal club calls, presentation of challenging cases

Monthly working group calls: operational issues, research

# DISCUSSION AND CONCLUSIONS

- There is a need for sexual health services for men and their partners after treatment for prostate cancer.
- With Ministry of Health funding, Sexual health RNs have now been trained for 4 locations, Kelowna, Surrey, Victoria, and Prince George
- The program addressed numerous levels of programmatic implementation which may benefit expansion of like-programs

## **Future directions:**

- Enhancing awareness, sustainability planning, and addressing underserved populations.
- Expansion to online SHAReClinic to reduce additional geographic barriers.