

DISCLOSURES

No disclosures

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Prostate Cancer
Supportive Care

DEMOGRAPHICS AND CHARACTERISTICS OF PATIENTS ACCESSING A PROSTATE CANCER SUPPORTIVE CARE PROGRAM'S SEXUAL REHABILITATION CLINIC (SRC)

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VANCOUVER
PROSTATE CENTRE
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RESULTS

- N= 965 patients, 3392 appointments.
- From 2013-2018, median time between the end of prostate cancer treatment to first SRC appointment was 281 days (SD=1054.3, 0-7766 days).
- Starting in 2018, clinic visits and referrals were streamlined, and this decreased time to first appointment to a median of 175 days (SD=923.8).
- Over the period of enrollment in the SRC, mean self-reported overall sexual satisfaction significantly increased both with erectile aids from 1.69 (SD=1.52) at baseline to 2.26 (SD=1.66) at last follow up and without erectile aids from 1.72 (SD=1.43) at baseline to 2.34 (SD=1.58) at last follow up, $P < 0.001$.

Primary Prostate Cancer Treatment Modality

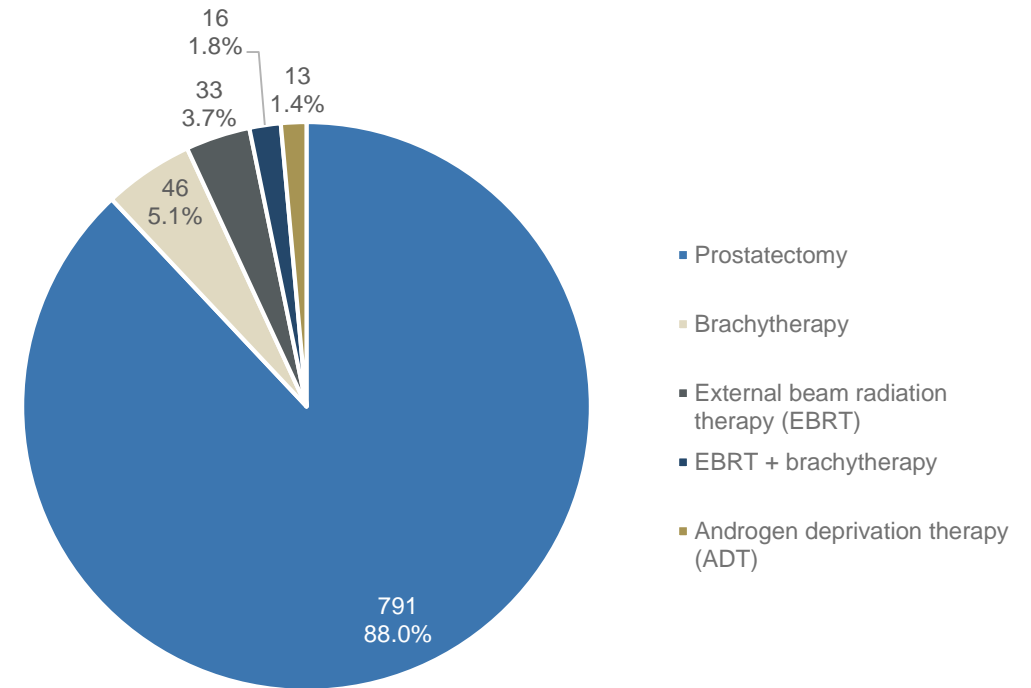


Figure 1: Primary prostate cancer treatment modality for patients in the Vancouver Prostate Cancer Sexual Rehabilitation Clinic

CLINICAL AND SCIENTIFIC SIGNIFICANCE

Scant previous literature regarding biopsychosocial sexual rehabilitation

- Contribution of patient demographics to literature

Referral patterns

- Referral rates for patients undergoing radiation therapy were very low

Attendance patterns

- 73.4% attended at least 1 follow-up appointment, with a median of 3 follow-ups
- Majority of patients were partnered but attended appointments alone

Improvement in self-reported sexual satisfaction

- Currently collecting additional data and systematizing follow-up to characterize contribution of SRC to improved outcomes